

## Meat Free Monday

On Monday 2<sup>nd</sup> November,

Barham Primary School had meat free Monday and from then on we have been continuing this event.



### WHAT IS MEAT FREE MONDAY?

Well! Meat free Monday is all about being vegetarian on a Monday rather than eating meat.

### WHY DO WE HAVE MEAT FREE MONDAY?

We have meat free Monday because we think about animals and other creatures and how difficult for them to survive and get killed for food.

### WHY IS MEAT FREE MONDAY IS ON A MONDAY?

Well! We just thought that we should have MFM (Meat Free Monday) on a Monday because it's a nice and jolly way to start the week.

### HOW DID THIS ALL BEGIN?

One week before this event happened. Some guests came to our school and asked us, if our school would like to participate MFM. Our lovely head teacher Ms. Karen Giles said we should never miss any opportunity, so we joined.

## **CHILDREN'S REACTION.**

All the children's faces in the assembly hall lit up. As our school, Barham Primary was always up for a challenge. However, we all thought it was going to be very difficult, but it wasn't as hard as we thought.

## **SCHOOL DINNERS!**

Everybody was curious to see what was on for school dinners. Some children were afraid to try but all the encouraging staff at Barham encouraged us and said "You never know what surprise you will find when you try something new". First we were all nervous and anxious, but when we tried the food it was scrumptious!!!

## **SPECIAL THANKS TO:**

From Barham Primary School and I Chinmayee would like to thank the Meat Free Monday association as we really appreciate the opportunity and privilege they have given us for our school.

By: Chinmayee,10